

**Vero Beach Lifeguard Association  
Monthly Beach Report  
For  
Jaycee Park  
Humiston Park  
South Beach Park**

**May 2013**



**Mission:**

**To promote water safety and lifeguarding in Vero Beach and the surrounding communities**

**Email:** [VeroBeachLA@Yahoo.com](mailto:VeroBeachLA@Yahoo.com)

**Website:** [www.VBLA.org](http://www.VBLA.org)

STATISTICS	
Total Park Attendance	52360
Preventative Actions	1281
Minor Medicals	44
Major Medicals	4
Rescues	8
Missing Persons	0
Average Water Temperature	78
Rip Currents	numerous
Beach Erosion	significant
Stinging Marine Life	on the increase

### **General Conditions**

Strong and constant east winds have shifted and eroded the dunes resulting in a change in the shore break. With this change comes variances in rip current locations and flash rips. Swimmers are advised to pay close attention to beach condition flags, swim near lifeguard towers and avoid swimming during non-guarded beach hours. Portuguese Man-O-War remain present. Sea weed containing hydroids may irritate the skin. If you come in contact with stinging marine life, heat and hot, soapy water may work best. Contact EMS immediately if you have trouble breathing or experience swelling of the tongue or extremities. Sea turtle nesting is on the increase. Please do not disturb the nests.

## **Areas of Concern**

Shifting sand bars have increased the likelihood of rip currents in our area. Beach goers are leaving trash on the beach in alarming numbers. We encourage all beach goers to take more trash off the beach than they generate. Stay hydrated and use sunscreen. Swim near a lifeguard.

## **Key**

Park Attendance: includes areas immediately north and south of each park

Preventative Actions: stopping potential incidents before they occur

Minor Medicals: a medical incident which is treated on-site by lifeguard/EMT personnel

Major Medicals: a medical incident that required Emergency Medical Services

## **About VBLA**

This report is furnished by the Vero Beach Lifeguard Association, a non-profit, 501C3 organization. Its mission is to promote water safety and lifeguarding in Vero Beach and the surrounding communities. Contact us at

[VeroBeachLA@Yahoo.com](mailto:VeroBeachLA@Yahoo.com) or (908)797-8725. Visit us at [www.VBLA.org](http://www.VBLA.org).

Donations are appreciated. Monies raised are used to purchase equipment, supplies, staffing and training for the lifeguards from the city of Vero Beach.

Please send donations to: VBLA, 1351 White Heron Lane, Vero Beach, FL 32963.